CHECKLIST

Questions to Ask a Kebab Shop About Your Food Allergy

- [ ] Arrive during a quiet period when staff have time to check ingredients properly
- [ ] Ask to speak to the person who prepares the food or knows the recipes
- [ ] Find out what is in the marinade for the meat you are considering
- [ ] Ask whether sauces are made fresh on site or pre-mixed from suppliers
- [ ] Check if the grill is wiped between orders and whether separate tongs are used
- [ ] Request your order without sauce or with salad on the side
- [ ] Look for vague answers or dismissive attitudes and be prepared to walk away
- [ ] Store leftovers separately at home using clean utensils